

# RESPIRATORY SYSTEM



# PRIMARY FUNCTIONS

- Exchange gases (oxygen and CO2)
- Produce vocal sounds
- Sense of smell
- Regulation of blood PH



# Respiration - process of gas exchange

- 1. Movement of air into lungs
- 2. Gas exchange between blood and air (external respiration)
- 3. Gas transport in blood
- Gas exchange between blood and body cells (internal respiration)

\*Cellular Respiration - oxygen use and CO2 production at a cellular level



# Organs of the Respiratory System

### **Conducting Passages**

Main organs of the upper and lower respiratory system



# The NOSE bones and cartilage support nose, two openings (nostrils), hair filters large particles

Nasal Cavity – hollow space behind the nose

<u>Nasal septum</u> – divides the nose (bone)



Deviated nasal septum



Paranasal Sinuses spaces within the bones

JOB: to reduce the weight of skull and are resonant chambers for voice.





Warming of air and inclusion of Mucus Membrane warms and moistens air, also traps particles (dust)

> \*particles go to stomach

# <u>Pharynx</u> – behind the oral cavity, between the nasal cavity and larynx (space, not a structure)



### <u>Larynx</u> –

enlargement at the top of the trachea and below pharynx, conducts air in and out of trachea, houses vocal cords

composed of muscles and cartilages



- <u>false vocal folds</u> (do not produce sound) help close airway during swallowing
- <u>true vocal folds</u> (produce sound) – changing shape of the pharynx, and oral cavity changes sounds into words
- Contracting and relaxing muscles changes pitch (increased tension = higher pitch)



<u>Glottis</u> – triangular slit that opens during breathing/talking, and closes during swallowing

<u>Epiglottis</u> – flaplike structure that stands upright, allows air to enter larynx, during swallowing it presses downward and prevents food from entering air passages



# Trachea

#### Anatomy of the Trachea



# Connects larynx to lungs



### Primary bronchii > bronchioles > alveoli



### ALVEOLI



# LUNGS - spongy tissue that sit within the pleural cavity



Right Lung = 3 lobes

Left Lung = 2 lobes

Serous fluid Iubricates lungs during breathing



Hilum of trachea

# Breathing

### Diaphragm contracts than releases





### ATMOSPHERIC PRESSURE = 760 Hg

**Pressure** is necessary for breathing, which is why it is difficult to breathe in high altitudes and also why a punctured lung can be dangerous.

A hole in the pleural cavity can cause the lung to collapse or deflate

Pneumothorax = collapsed lung



#### Pneumothorax



### **Respiratory Air Volumes**

Spirometry - measures the amount (volume) of air moving in and out of the lungs

Respiratory Cycle - 1 inspiration and 1 expiration



### **Factors Affecting Breathing**

\*Chemosensitive areas – detect concentrations of chemicals like carbon dioxide and hydrogen

1. Rise in CO2

Low blood oxygen (peripheral chemoreceptors, carotid and aortic bodies, sense changes)

Inflation reflex – regulates the depth of breathing, prevents overinflation of the lungs

4. Emotional upset, fear and pain

